

# **GIRLS** **WRESTLING CAMP**

Who - Girls K-6, Beginners are welcome

Cost - \$30 cash or check made out to Watkins Youth Wrestling Club

Pay the first day of camp or turn in money to Eddie Jayne at Watkins Intermediate School

Register – [bit.ly/Watkinsgirlswrestlingcamp](https://bit.ly/Watkinsgirlswrestlingcamp) or scan the QR code below

Where – Watkins High School wrestling room, enter door 13 by the dumpsters

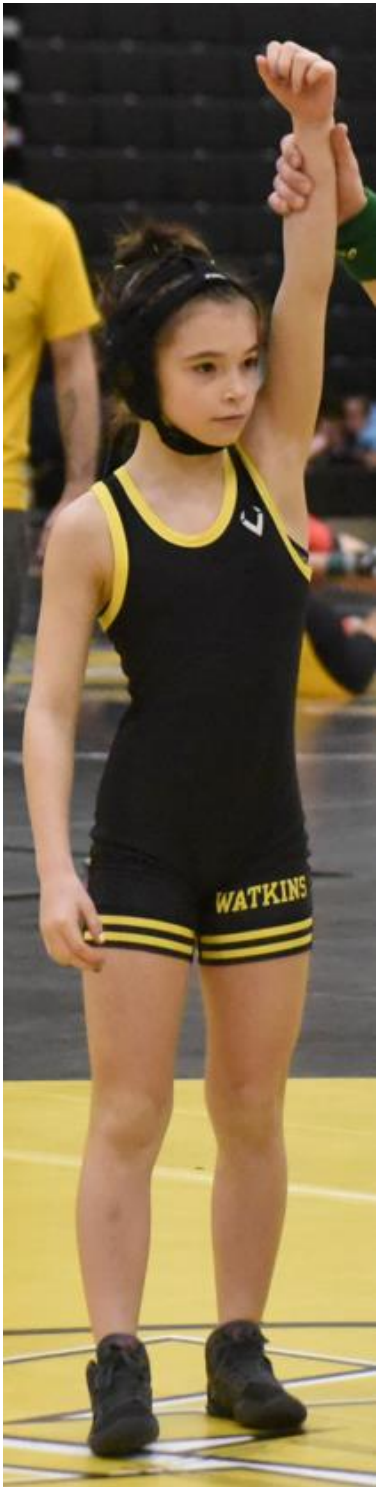
When – Monday, July 17 – Friday, July 21      5:30 pm – 7:30 pm

Contact – Eddie Jayne, [fjayne@laca.org](mailto:fjayne@laca.org), 740-739-7849

- Learn technique, drill moves, live wrestling, and wrestling games.
- End each session with fun games and competitions.
- Watkins wrestling coaches will lead the sessions and be assisted by the MS and HS wrestlers.
- Wear t-shirt, shorts, and wrestling shoes / tennis shoes. Bring a water bottle.







**WRESTLE  
LIKE A GIRL**